



NEWSLETTER NO. 4

18TH EDBF EUROPEAN CLUB CREW CHAMPIONSHIPS

Centro de Entrenamiento y Alto Rendimiento, La Cartuja, Seville, Spain

25th to 28th July 2019

RACE PROGRAMS / FLAGS / DECLARATIONS / BCP / ANTI-DOPING ADVICE

RACE PROGRAMMES

All Race Programs are now complete and will be available shortly on the Registration System, please go to https://idbfchamps.org/login_edbf.php. They will be posted in the top right hand corner of the front page.

NATIONS & CLUB FLAGS

As a reminder please can you bring your club flag and a nation's flag to the Opening Ceremony.

DECLARATIONS

Please ensure that the signed declarations are brought along to Registration. These must be downloaded from the Registration System. Please note, all Team Manager's when signing these and the Crew Lists are confirming that all their paddlers are fit to race in all race / weather conditions.

BREAST CANCER PADDLERS

It has been requested by the EDBF Medical Commission that all BCP voluntarily bring with them a copy of their medication and a health certificate and hand them in at Registration. These can be collected again on Sunday after their races. It is not mandatory and it will be used only for study and statistic purposes.

ANTI-DOPING ADVICE

The EDBF Medical Commission will be providing some educational advice on anti-doping. Please do not hesitate to call into their stand.

DRINKING WATER

Drinking water fountains will be available at the race venue, plus there will be numerous vendors selling cold drinks.