

EDBF - FORUM SEVILLE 30/11 - 2/12 2018
MEDICAL, PSYCHOLOGICAL AND SCIENTIFIC COMMISSION

The Commission was recently confirmed in its composition with my re-election as chair holder in Brandenburg and its members at the Council meeting at the end of October for which it is currently composed as follows:

- Dr. Antonio De Lucia chairperson
- Dr. Mariano Feccia from ITALY
- Dr. Dusco Spasovski from SERBIA
- Dr. Ande Hillebrecht from GERMANY

Other collaborations are possible. indeed desirable, as referents in the individual European nations in order to create a network through which to collect data and give life to research projects that can improve the scientific and technical bases of our sport.

In this sense, it will be very important to create a coordination with the IDBF Commission to work together on issues of general interest.

Last November at the meeting in Belgrade I presented a report on the guidelines of the functioning of the commission which in my opinion is not an organ that works for itself but which must respond to the needs and indications of the Council, the member federations, the clubs, technicians and athletes

In Belgrade, President Schermi proposed a questionnaire to the participants of the meeting, based on the Performance Profile model, widely used in sports, business and organization, to investigate the importance of certain stakeholders in the activity of the EDBF and set goals to (goal setting)

This survey tool makes it possible to assess the current situation and a future with respect to an ideal situation as a final objective, from this it derives the identification of the strengths or weaknesses of an organization and therefore the priorities on which to work by setting a precise deadline that in this case it was 2021, probably the expiry of the current president's mandate.

Obviously for that date the evaluation will be revisited to define the real improvements or worsening in relation to the pre-established objectives and therefore be able to reformulate the organizational, operational and use aspects of the resources available for the achievement of ever-increasing objectives.

I would like to apply the same procedure for the functioning of SMEDCOM and will be the subject of the work of the participants in the commission in order to set real objectives on what we are going to develop.

In the meantime, through a comparison with the President Schermi, some objectives have been defined among the possible ones on which the Commission could work:

- Doping
- Medical certification for competitive sports practice
- Psychological and behavioral aspects in the practice of the dragon boat
- Training of technicians

In particular, this last element is particularly important because it also summarizes the previous points

I think it is important at this point to introduce myself as a person so that you know my background and what we can do together

I come from the way of the Olympic kayak where, first as an athlete, and then as a coach I was the federal manager of the women's sector and U21 until the Olympics Games in Atlanta.

I graduated in Psychology at the University "La Sapienza" of Rome with a thesis on the psychophysiological aspects of the practice of the Olympic canoe kayak.

To date I am the trainer psychologist in courses for senior technicians at the Federal Center of the Italian Canoe Kayak Federation.

Since 2013 I am the president of the Italian Society of Sport Psychology

My experience with the Dragon Boat was born in the 1980 and from 1995 with the first World Championship of Yu Yang I followed the Italian national team without interruption.

In 1997 I founded the Italian Dragon Boat Federation together with President Schermi and I served as vice president and technical director.

Last year I became president of FIDB

All this to say that I personally value the figure of the sports technicians and all those professionals who revolve around him starting from the leaders but especially to medical specialists, psychologists, athletic trainers, physiotherapists etc with which

it is necessary to develop a common language for an integrated and systemic approach to both basic and high level sports.

As in all amateur sports, the technician carries out many different roles within a club and sometimes becomes the real driving force of the activity, and this is why he must be motivated and trained to ensure continuity. and the quality of his work.

In this the SMEDCOM could play a positive role by stimulating the technical components of the federations associated to the EDBF through which to reach the individual clubs.

This organization between the center and the periphery must not be pyramid but circular, favoring the exchange and circularity of ideas and skills.

Returning to the possible objectives to work on immediately, as well as developing the knowledge of the topics by the members of the committee, drawing information from specialists, I think it is important to involve the individual federations to receive information on what is happening within them to the topics in question.

For this reason it is my intention to send a very simple first questionnaire on the training of technicians, to understand what the general situation is and how to improve the organization and the specific contents of the training programs.

A draft of the questionnaire is attached and I will discuss Tomorrow in the commission

The premises are exciting especially if we can involve the federations to have elements of evaluation, in this sense it will be important to ask and have a contact person in each federation with whom to talk about the various topics